

**Department of Health, Human Performance & Recreation  
2015-2016 Public Health Bachelor of Science (PBHLBS)  
Program of Study - 120 hours**



**Fine Arts Core (3 hours) choose one:**

- \_\_\_ ARCH 1003 Architecture Lecture
- \_\_\_ ARHS 1003 Art Lecture
- \_\_\_ COMM 1003 Film Lecture
- \_\_\_ DANC 1003 Movement and Dance
- \_\_\_ LARC 1003 The American Landscape
- \_\_\_ MLIT 1003 Music Lecture
- \_\_\_ THTR 1003 Theatre Lecture
- \_\_\_ THTR 1013 Musical Theatre Appreciation

**English Core (6 hours):**

- \_\_\_ ENGL 1013 Composition I
- \_\_\_ ENGL 1023 Composition II

**Social Sciences Core (9 hours):**

- \_\_\_ PSYC 2003 General Psychology
- \_\_\_ SOCI 2013 General Sociology

**And choose one from:**

- \_\_\_ AGEC 1103 Agricultural Microeconomics
- \_\_\_ AGEC 2103 Agricultural Macroeconomics
- \_\_\_ ANTH 1023 Cultural Anthropology
- \_\_\_ COMM 1023 Communication in a Diverse World
- \_\_\_ ECON 2013 Macroeconomics
- \_\_\_ ECON 2023 Microeconomics
- \_\_\_ ECON 2143 Basic Economics
- \_\_\_ GEOS 1123 Human Geography
- \_\_\_ GEOS 2003 World Regional Geog.
- \_\_\_ HESC 1403 Life Span Development
- \_\_\_ HESC 2413 Family Relations
- \_\_\_ HIST 1113 World Civilization I
- \_\_\_ HIST 1123 World Civilization II
- \_\_\_ HIST 2003 U.S. History to 1877
- \_\_\_ HIST 2013 U.S. History since 1877
- \_\_\_ HUMN 1114H Roots of Culture to 500 C.E.
- \_\_\_ HUMN 2114H Birth of Modern Culture
- \_\_\_ PLSC 2003 American National Govt.
- \_\_\_ PLSC 2013 Comparative Politics
- \_\_\_ PLSC 2203 State and Local Govt.
- \_\_\_ RESM 2853 Leisure and Society
- \_\_\_ RSOC 2603 Rural Sociology
- \_\_\_ SOCI 2033 Social Problems

**Humanities Core (3 hours) choose one:**

- \_\_\_ Any Inter I Foreign Language (2003)
- \_\_\_ AAST 2023 The African American Experience
- \_\_\_ ARCH 1013 Diversity and Design
- \_\_\_ CLST 1003 Intro to Classical Studies: Greece
- \_\_\_ CLST 1013 Intro to Classical Studies: Rome
- \_\_\_ COMM 1233 Media, Community & Citizenship
- \_\_\_ ENGL 1213 Intro to Literature
- \_\_\_ HUMN 1124H Equilibrium of Cultures
- \_\_\_ HUMN 2003 Intro to Gender Studies
- \_\_\_ HUMN 2124H 20th Century Global Culture
- \_\_\_ MUSY 2003 Music in World Cultures
- \_\_\_ PHIL 2003 Intro to Philosophy
- \_\_\_ PHIL 2103 Intro to Ethics
- \_\_\_ PHIL 2203 Logic
- \_\_\_ PHIL 3103 Ethics and the Professions
- \_\_\_ WLIT 1113 World Lit I
- \_\_\_ WLIT 1123 World Lit II

**Math Core (3 hours):**

- \_\_\_ MATH 1203 College Algebra or Higher (check pre-requisites)

**U.S. History /Govt. Core (3 hours) choose one:**

- \_\_\_ HIST 2003 U.S. History to 1877
- \_\_\_ HIST 2013 U.S. History since 1877
- \_\_\_ PLSC 2003 American National Government

**Science Core (8 hours):**

- \_\_\_ BIOL 1543 Principles of Biology
- \_\_\_ BIOL 1541L Prin. of BIOL Lab
- \_\_\_ CHEM 1074 Fundamentals of Chemistry **and**
- \_\_\_ CHEM 1071L CHEM I Lab **OR**
- \_\_\_ CHEM 1103 Univ. Chemistry I **and**
- \_\_\_ CHEM 1101L CHEM I Lab **OR**
- \_\_\_ CHEM 1123 Univ. Chemistry II **and**
- \_\_\_ CHEM 1121L Univ. CHEM II Lab

**PBHL Major Requirements**

**Public Health Requirements (43 hours):**

- \_\_\_ PBHL 1103 Personal Health & Safety
- \_\_\_ PEAC 1621 Fitness Concepts
- \_\_\_ PBHL 1203 Prevention of Drug Abuse
- \_\_\_ NUTR 1213 Nutrition in Health
- \_\_\_ PBHL 1303 Human Sexuality
- \_\_\_ PBHL 2613 Foundations of Public Health
- \_\_\_ PBHL 2663 Terminology for Health Professions
- \_\_\_ PBHL 3202 Health Care & Public Health Policy
- \_\_\_ PBHL 3643 Public Health: Program Planning & Evaluation
- \_\_\_ PBHL 4043 Internship in Public Health
- \_\_\_ ENSC 1003 Environmental Science
- \_\_\_ ENSC 1001L Environmental Science Lab
- \_\_\_ PBHL 4603 Health Behavior: Theories & Application
- \_\_\_ PBHL 4613 Principles of Epidemiology
- \_\_\_ PBHL 4643 Multicultural Health
- \_\_\_ SCWK 4183 Social Work with Elders

**Additional Required Sciences (12 hours):**

- \_\_\_ BIOL 2013 General Microbiology
- \_\_\_ BIOL 2011L General Micro Lab
- \_\_\_ BIOL 2443 Human Anatomy
- \_\_\_ BIOL 2441L Human Anatomy Lab
- \_\_\_ BIOL 2213 Human Physiology
- \_\_\_ BIOL 2211L Human Phys. Lab

**Communications/Journalism (6 hours):**

- \_\_\_ COMM 1313 Public Speaking
- \_\_\_ ENGL 3053 Technical & Report Writing

**Psychology (3 hours):**

- \_\_\_ PSYC 3093 Developmental PSYC

**Statistics: (3 hours):**

- \_\_\_ STAT 2303 Principles of Statistics **OR**
- \_\_\_ SOCI 3303 Social Data & Analysis **OR**
- \_\_\_ PSYC 2013 Introduction to Statistics for Psychologists **OR**
- \_\_\_ ERSN 2403 Statistics in Nursing

**Electives: (18 hours total – 9 of which must be 3000 level or above):**

**General Electives (9 hours):**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Health Related Electives (9 hours):**

**(From the following Alpha Codes – BIOL, CHEM, COMM, ENSC, EXSC, any Foreign Language, HESC, KINS, MATH, NURS, PBHL, PHYS, PSYC, SCWK, SOCI, STAT or SUST**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Total of 120 hours required for graduation**

**Students must have 30 hours of 3000/4000 level Classes from the U of A to meet enrollment requirement.**