Department of Health, Human Performance & Recreation
2015-2016 Public Health Bachelor of Science (PBHLBS)
Program of Study - 120 hours

**Fine Arts Core (3 hours) choose one:**
- ARCH 1003 Architecture Lecture
- ARHS 1003 Art Lecture
- COMM 1003 Film Lecture
- DAN 1003 Movement and Dance
- LARC 1003 The American Landscape
- MUSY 1003 Music Lecture
- THTR 1003 Theatre Lecture
- THTR 1013 Musical Theatre Appreciation

**Public Health Requirements (43 hours):**
- PBHL 1103 Personal Health & Safety
- PEAC 1621 Fitness Concepts
- PBHL 1203 Prevention of Drug Abuse
- NUTR 1213 Nutrition in Health
- PBHL 1303 Human Sexuality
- PBHL 2613 Foundations of Public Health
- PBHL 2663 Terminology for Health Professionals
- PBHL 3202 Health Care & Public Health Policy
- PBHL 3643 Public Health: Program Planning & Evaluation
- PBHL 4043 Internship in Public Health
- ENSC 1003 Environmental Science
- ENSC 1001L Environmental Science Lab
- PBHL 4603 Health Behavior: Theories & Application
- PBHL 4613 Principles of Epidemiology
- PBHL 4643 Multicultural Health
- SCWK 4183 Social Work with Elders

**English Core (6 hours):**
- ENGL 1013 Composition I
- ENGL 1023 Composition II

**Math Core (3 hours):**
- MATH 1203 College Algebra or Higher (check pre-requisites)

**Science Core (8 hours):**
- BIOL 1543 Principles of Biology
- BIOL 1541L Prin. of BIOL Lab
- CHEM 1074 Fundamentals of Chemistry and
  CHEM 1071L CHEM I Lab OR
  CHEM 1103 Univ. Chemistry I and
  CHEM 1101L CHEM I Lab OR
  CHEM 1123 Univ. Chemistry II and
  CHEM 1121L Univ. CHEM II Lab

**Social Sciences Core (9 hours):**
- PSYC 2003 General Psychology
- SOCI 2013 General Sociology

**And choose one from:**
- AGEC 1103 Agricultural Microeconomics
- AGEC 2103 Agricultural Macroeconomics
- ANTH 1023 Cultural Anthropology
- COMM 1023 Communication in a Diverse World
- ECON 2013 Macroeconomics
- ECON 2023 Microeconomics
- ECON 2143 Basic Economics
- GEOS 1123 Human Geography
- GEOS 2003 World Regional Geog.
- HESC 1403 Life Span Development
- HESC 2413 Family Relations
- HIST 1113 World Civilization I
- HIST 1123 World Civilization II
- HIST 2003 U.S. History to 1877
- HIST 2013 U.S. History since 1877
- HUMN 1114H Roots of Culture to 500 C.E.
- HUMN 2114H Birth of Modern Culture
- PLSC 2003 American National Govt.
- PLSC 2013 Comparative Politics
- PLSC 2203 State and Local Govt.
- RESM 2853 Leisure and Society
- RSOC 2603 Rural Sociology
- SOCI 2033 Social Problems

**PBHL Major Requirements**

**Humanities Core (3 hours) choose one:**
- Any Inter I Foreign Language (2003)
- AAST 2023 The African American Experience
- ARCH 1013 Diversity and Design
- CLST 1003 Intro to Classical Studies: Greece
- CLST 1013 Intro to Classical Studies: Rome
- COMM 1233 Media, Community & Citizenship
- ENGL 1213 Intro to Literature
- HUMN 1124H Equilibrium of Cultures
- HUMN 2003 Intro to Gender Studies
- HUMN 2124H 20th Century Global Culture
- MUSY 2003 Music in World Cultures
- PHIL 2003 Intro to Philosophy
- PHIL 2103 Intro to Ethics
- PHIL 2203 Logic
- PHIL 3103 Ethics and the Professions
- WLIT 1113 World Lit I
- WLIT 1123 World Lit II

**U.S. History /Govt. Core (3 hours) choose one:**
- HIST 2003 U.S. History to 1877
- HIST 2013 U.S. History since 1877
- PLSC 2003 American National Government

**Common Core (9 hours):**
- CHEM 1211L General Microbiology
- ENGL 1013 Composition I
- ENGL 1023 Composition II
- MATH 1203 College Algebra or Higher (check pre-requisites)
- CHEM 1074 Fundamentals of Chemistry and
  CHEM 1071L CHEM I Lab OR
  CHEM 1103 Univ. Chemistry I and
  CHEM 1101L CHEM I Lab OR
  CHEM 1123 Univ. Chemistry II and
  CHEM 1121L Univ. CHEM II Lab

**Science Core (8 hours):**
- BIOL 1543 Principles of Biology
- BIOL 1541L Prin. of BIOL Lab
- CHEM 1074 Fundamentals of Chemistry and
  CHEM 1071L CHEM I Lab OR
  CHEM 1103 Univ. Chemistry I and
  CHEM 1101L CHEM I Lab OR
  CHEM 1123 Univ. Chemistry II and
  CHEM 1121L Univ. CHEM II Lab

**Communications/Journalism (6 hours):**
- COMM 1313 Public Speaking
- ENGL 3053 Technical & Report Writing

**Psychology (3 hours):**
- PSYC 3093 Developmental PSYC

**Statistics: (3 hours):**
- STAT 2303 Principles of Statistics OR
- SOCI 3303 Social Data & Analysis OR
- PSYC 2013 Introduction to Statistics for Psychologists OR
- ERSM 2403 Statistics in Nursing

**Additional Required Sciences (12 hours):**
- BIOL 2013 General Microbiology
- BIOL 2011L General Micro Lab
- BIOL 2443 Human Anatomy
- BIOL 2441L Human Anatomy Lab
- BIOL 2213 Human Physiology
- BIOL 2211L Human Phys. Lab

**Health Related Electives (9 hours):**
(From the following Alpha Codes — BIOL, CHEM, COMM, ENSC, EXSC, any Foreign Language, HESC, KINS, MATH, NURS, PBHL, PHYS, PSYC, SCWK, SOCI, STAT or SUST

**Electives: (18 hours total – 9 of which must be 3000 level or above):**

**General Electives (9 hours):**

**Total of 120 hours required for graduation**

Students must have 30 hours of 3000/4000 level Classes from the U of A to meet enrollment requirement.