



UNIVERSITY OF ARKANSAS

BACHELOR OF SCIENCE DEGREE:

PUBLIC HEALTH

UNDERGRADUATE MANUAL

DIVISION OF COMMUNITY HEALTH PROMOTION

DEPARTMENT OF HEALTH, HUMAN
PERFORMANCE, & RECREATION

Welcome to the Bachelor of Science degree program in Public Health!

We are committed to making your educational experience positive and enriching. This manual is designed to assist you in the successful completion of your degree requirements. It is also advised that you familiarize yourself with the most current undergraduate catalog of studies found via the University of Arkansas homepage or the following web address: <http://catalogofstudies.uark.edu/>

Public Health Directory

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PROGRAM OBJECTIVES:

Public health is an exciting, diverse major that focuses on disease prevention and health promotion needs at the community level. Public health work is conducted by teams of clinicians, epidemiologists, behavioral scientists, environmental scientists, health education specialists, health inspectors, statisticians, and health administrators. Students receiving a BSE in Public Health will be trained for entry-level public health positions found in government agencies, health corporations, and community non-profit organizations. Graduates are employed in a variety of settings, including: public health departments, non-governmental agencies, hospitals, health care management organizations, and healthcare accrediting agencies. The public health degree at the University of Arkansas is specifically focused on health promotion, health behavior and health education. In accordance, graduates are eligible for the Certified Health Education Specialist credential.

Public health is delivered in a variety of capacities to:

- Impact behavioral factors that are linked to chronic diseases, such heart disease, diabetes, and cancer.
- Promote behaviors that positively impact outcomes related to issues such as physical activity, nutrition, and sexual health.
- Prevent and control the spread of infectious diseases
- Improve access to healthcare
- Affect issues related to the health of the environment
- Prevent violent and unintentional injuries
- Participate in global health endeavors
- Prevent drug use and abuse
- Assure the safety of our food supply
- Manage the delivery of health services
- and universities

I. ADMISSION REQUIREMENTS

Applicants for undergraduate studies must meet requirements of the College of Education and Health Professions. The College of Education and Health Professions requirements are available online in the University of Arkansas Undergraduate Catalog of Studies. This information can be found at <http://catalogofstudies.uark.edu> It should be noted that no student may enter the College as an undeclared major. Majors must be declared at the time of enrollment.

II. UNDERGRADUATE STUDENT FINANCIAL SUPPORT

Information regarding general financial aid (e.g. work study, student loans) can be obtained at the Student Financial Aid Office in Hunt Hall (575-3806).

Information on scholarships specific to the College of Education and Health Professions can be obtained by contacting Erin Hogue, assistant director of development, 319 Graduate Education Building, ethogue@uark.edu (479) 575-4420.

The University of Arkansas also offers a number of University-wide scholarships for which College of Education and Health Professions students may be eligible. For more information on University-wide scholarships contact the Office of Academic Scholarships at 575-4329 or visit their website online via the University of Arkansas Homepage.

IV. COURSE REQUIREMENTS

All students must complete the University Core requirements as listed under [University Core Courses](#). In addition, all students must take the courses listed below under required general studies for the public health major and the additional public health major requirements. A minimum of 120 semester hours is required for graduation in the major of public health.

Curriculum for a Major in Public health	Hours
<i>University Minimum Core (State Minimum Core) (See University Core)</i>	35
<i>English (6-9 hours)</i> ENGL 1013 Composition I ENGL 1023 Composition II	
<i>Mathematics (3 hours)</i> MATH 1203 College Algebra, equivalent or higher	
<i>Science (8 hours)</i> BIOL 1543/1541L Principles of Biology *CHEM 1103/1101L University Chemistry I and Lab or CHEM 1123/1121L University Chemistry II and Lab or CHEM 1073/1071L Fundamentals of Chemistry and Lab	
<i>Fine Arts/Humanities (6 hours)</i> See University Core for listing of approved courses	
<i>U.S. History/Government (3 hours)</i> HIST 2003 History of American People to 1877 or HIST 2013 History of American People 1877 to Present or PLSC 2003 American National Government	
<i>Social Sciences (9 hours)</i> PSYC 2003 General Psychology SOC 2013 General Sociology 3 hour Social Science core elective	

Public health Major Requirements

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PBHL 4603 Health Behavior: Theories & Application
PBHL 4613 Principles of Epidemiology
STAT 2303 Principles of Statistics
PBHL 4553 Environmental Health
PBHL 3643 Public Health: Program Planning and Evaluation
PBHL 1103 Personal Health and Safety
HESC 1213 Fundamentals of Nutrition
PBHL 1203 Prevention of Drug Abuse
PBHL 1303 Introduction to Human Sexuality
PBHL 2613 Foundations of Public Health
PBHL 2663 Terminology for the Health Professions
PBHL 4643 Multicultural Health
PBHL 4043 Internship in Public Health
JOUR 1033 Fundamentals of Journalism or ENGL 3053 Technical and Report Writing
BIOL 2013/2011L General Microbiology
PSYC 3093 Developmental Psychology
BIOL 2213/2211L Human Physiology and Lab
BIOL 2443/2441L Human Anatomy and Lab
SCWK 3163 On Death and Dying
SCWK 4183 Social Work with Elders
COMM 1313 Public Speaking
PEAC 1621 Fitness Concepts

Public health Related Electives (18 hours) to include:

12 hours General Electives

6 hours Health Related Discipline Electives selected from PSYC, STAT, MATH, FOREIGN LANGUAGE, BIOL, HESC, CHEM, SCWK, PHYS, COMM, PBHL, KINS, NURS.

Total public health degree 120

D. Transfer Credits

The Arkansas Course Transfer System (ACTS) contains information about the transferability of courses within Arkansas public colleges and universities. Students are guaranteed the transfer of applicable credits and the equitable treatment in the application of credits for the admissions and degree requirements. Course transferability is not guaranteed for courses listed in ACTS as No Comparable Course. Additionally, courses with a D frequently do not transfer and institutional

policies may vary. ACTS may be accessed on the Internet by going to the ADHE Web site at <http://www.adhe.edu/> and selecting Course Transfer.

E. Grade Requirements

No student will be allowed to graduate if the student has “D” grades in more than 25 percent of all credit earned in this institution and presented to meet the requirements for a degree. No student will be allowed to graduate if on Academic Warning.

F. Departmental Request for Program Modification

In unusual situations, minor modifications of the program may be appropriate. The College of Education and Health Professions *Petition to Request Program Modification* form is required for a program modification of the curriculum and must be formally approved by the College. Students should contact their academic advisor to initiate this process. The *Petition to Request Program Modification* form is located in Room 308 HPER building. Note: **Failing to complete courses because you did not attend mandatory advising sessions is not an acceptable reason for requesting a program modification.**

V. ACADEMIC ADVISING

Upon initial entry into the College of Education and Health Professions, an academic advisor will be assigned through the HHPR Department.

Mandatory group advising: Students are encouraged to contact their academic advisor once admitted into the Community Health Promotion program. Mandatory group advising will be conducted twice per academic year (once during the fall, once during the spring semester). Students will be contacted via e-mail and announcements will be made during class time pertaining to the dates/times of group advising. It is mandatory that all undergraduate students attend these sessions in the fall and spring semester. During these group advising sessions, all Community Health Promotion faculty will be available to answer questions concerning your program of study and to approve your enroll schedule for the upcoming semester. **It is the student's responsibility to register for courses that are appropriate for the Bachelors program in Public Health; as well as become familiar with course rotation sequences. Failure to attend mandatory advising sessions is not an acceptable reason for requesting a program modification and/or not adhering to program requirements.**

VI. HONORS PROGRAM

The College of Education and Health Professions Honors Program is designed for students who value and want to be challenged by an exceptional educational experience and want to focus

their studies intensively. The program creates and supports an academic environment of intellectual adventure and provides a carefully integrated and demanding curriculum.

Admission to the COEHP Honors Program assures automatic admission to the University of Arkansas Honors College. The following are admission criteria for students seeking admission to the COEHP Honors Program:

Entering Freshmen:

- 28 ACT or equivalent SAT score (not super scored)
- 3.5 or greater high school GPA

Students Applying Following Their 1st Academic Year:

- Successful completion of one academic year at the University with a 3.5 or greater GPA
- Departmental recommendation regarding the student's academic abilities

Inter-College Transfer of Honors Students:

Students at the University who were honors students in another college honors program on campus may transfer into the COEHP under the following criteria:

- 0-29 hours- 3.25 cumulative GPA
- 30-59 hours- 3.37 cumulative GPA
- 60-89 hours- 3.50 cumulative GPA

Transfer Students:

- 3.5 Cumulative GPA in ALL transfer work
- Letter of recommendation from a previous professor regarding the student's academic abilities

VII. Community Health Internship (PBHL 4043)

The internship (Community-based internship) is required for the Public Health Degree. Successful completion of the internship requires 135 contact hours of fieldwork. This course is designed to provide students with applied experience in community health education. See the internship manual for complete details.

VIII. FREQUENTLY ASKED QUESTIONS AND ADDITIONAL INFORMATION

- What is a Certified Health Education Specialist (CHES)?

The CHES (pronounced chez) designation signifies that an individual has met eligibility requirements for, and has successfully passed a competency-based examination demonstrating skill and knowledge of the Seven Areas of Responsibility of Health Educators, upon which the

credential is based. More information regarding CHES and exam dates and times can be found at <http://www.nchec.org/>

- When can I participate in Graduation Ceremonies?

Community Health Promotion majors may participate in graduation ceremonies when they have completed the degree requirements or with a deficiency of no more than 12 credit hours.. Students are reminded that participation in graduation ceremonies does not confer graduation from the University of Arkansas. Your degree is not complete until you have satisfied ALL requirements of the undergraduate Community Health Promotion degree program.

- What is a graduation check?

Once you have applied for graduation, a graduation check can be completed by contacting the Denise Bignar in the Office of Academic Affairs, College of Education and Health Professions at 479-575-4205

- What is CEPH?

The Council on Education for Public Health (CEPH) is an independent agency recognized by the US Department of Education to accredit schools of public health and public health programs offered in settings other than schools of public health. These schools and programs prepare students for careers in public health.

